

CHOCOLATE



VIRTUAL field trip

BUILD BACKGROUND



Learn about the history
of chocolate

LET'S EXPLORE! *chocolate milk debate*

School systems throughout the United States are finally waking up to the dangers surrounding serving chocolate milk to students in the cafeteria. Lunchrooms across the country serve flavored milk at breakfast and lunch. While chocolate milk does have important nutrients like calcium, protein, and vitamin D, it also has a lot of added sugar. One serving of chocolate milk has almost as many calories as a can of soda! The United States already has a huge problem with childhood obesity, and serving sugary drinks to students is only adding to the problem. In fact, just one carton of chocolate milk can have as much as three teaspoons of sugar! That's a big problem because the American Heart Association says kids should only have six teaspoons of added sugar daily. Some people say that chocolate milk helps kids get the nutrients they need. There are actually healthier ways to get calcium and vitamin D. Foods like spinach, broccoli, and almonds have calcium. Spending time outside in the sunlight helps your body make vitamin D. We should not be promoting products to our children that harm their health. The food industry does not care about children's health. They are concerned with making more money and will do whatever necessary to push their product. Some people in favor of chocolate milk in school lunchrooms claim that the sugary drink is only about 60 calories more than plain, white milk. However, sugar can be addictive. Those extra calories will add up over time and can cause lifetime lasting effects. Schools are supposed to help kids learn healthy habits. Serving chocolate milk doesn't teach healthy habits. Instead, schools should focus on offering plain milk or other healthy drinks like water.

What is the author's point of view? Underline details from the text in _____ to support your thinking.

INSIDE A CHOCOLATE FACTORY



See what a chocolate
factory looks like



CREATE A SCRAPBOOK



Show your progress on your
journey by collecting
photographs at each location.



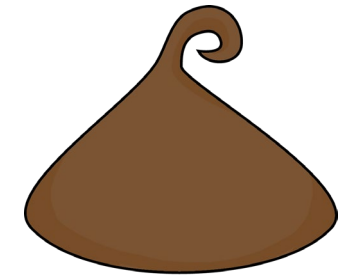
CRITICAL THINKING



Integrates text features, opinions, compare contrast, and various other comprehension skills.



ENGAGE IN CROSS CURRICULAR ACTIVITIES



Reading, social studies,
writing, and critical
thinking

FROM BEAN TO BAR

Directions: Watch the video clip to learn how factories turn cocoa beans into chocolate bars. Complete the cause and effect organizer using details from the video.

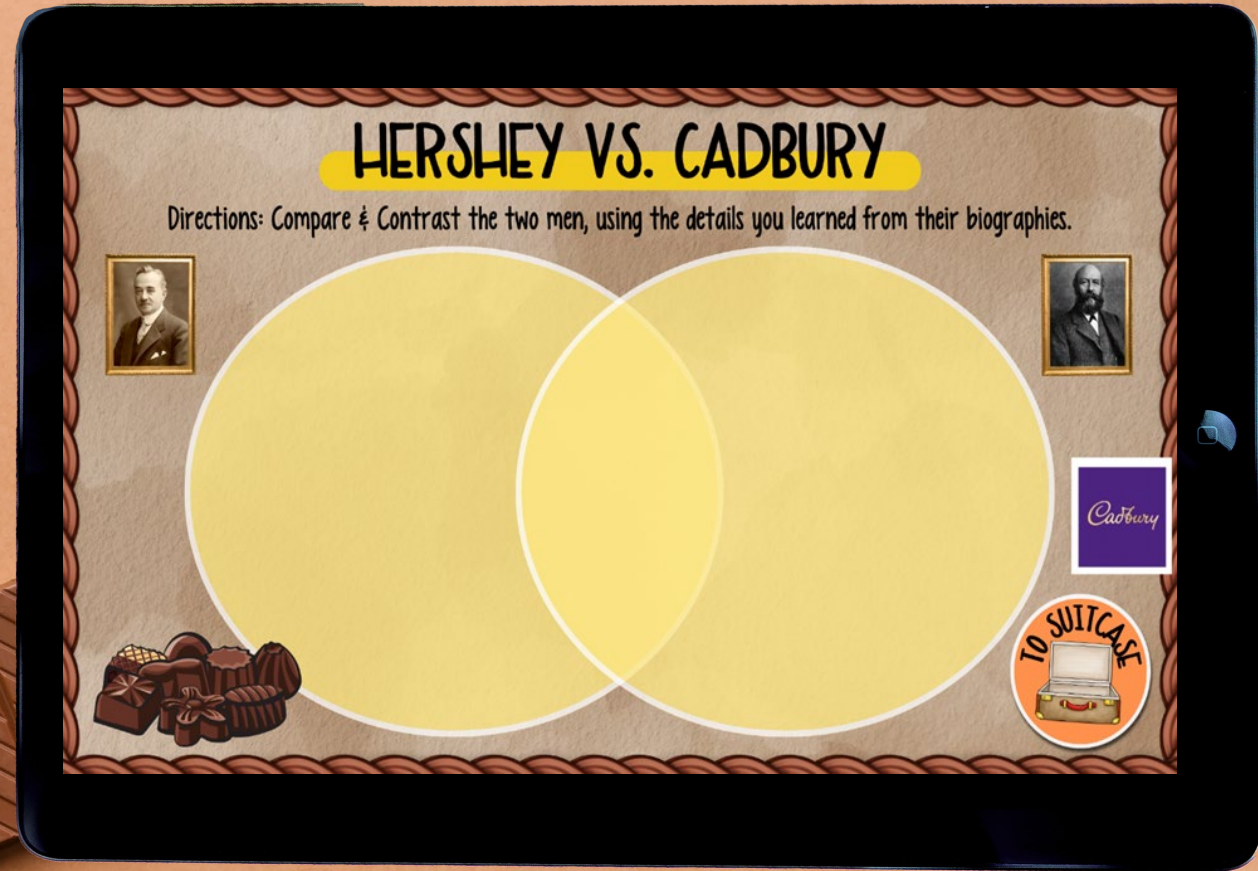


CAUSE	EFFECT
They roast the cocoa beans.	
	They can mash the seeds into a paste.
	They can pour the mixture into molds.
They wrap the bars in paper.	

MEET TWO OF THE BIGGEST NAMES IN CHOCOLATE MAKING



- Meet Milton Hershey
- The Hershey Factory
- Meet John Cadbury
- Cadbury Chocolate Factory



Suggested Uses

- Assign in Google Classroom or SeeSaw
- Whole Class Activity
- Small groups or center
- Early Finisher
- Incentive or Fun Friday

Google Slides and SeeSaw



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